



THE HEALTH CARE IMPROVEMENT FOUNDATION  
*Building Partnerships For Better Health Care*

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# POSSE PROGRAM UPDATES

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# PATIENT-CENTERED DOMAIN

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# PATIENT-CENTERED DOMAIN

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## STRATEGIES

- Engage Patient and Family Advisors to review and provide feedback on existing patient education materials
- Review existing patient education materials and share individualized feedback and recommendations
- Offer additional technical assistance to hospitals for materials revisions
- Develop a diverse suite of surgery-specific, health literate, patient-reviewed education materials



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## PATIENT EDUCATION MATERIALS

- “Managing Your Pain After You Have Surgery” Patient Education Video
- Five companion materials reinforcing key messages:
  - “Managing Your Pain After You Have Surgery” Brochure
  - “Managing Pain After Surgery With Opioids” Brochure
  - “Questions to Ask” Brochure Insert
  - “Taking Opioids After You Have Surgery” FAQ One-Pager
  - “Safely Get Rid of Unused Medications” Disposal Card
- Dissemination plan to assist implementation



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## PATIENT EDUCATION VIDEO






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## WRITTEN MATERIALS

**Safely Get Rid of Unused Medication**


Drug take-back sites, also called disposal sites, are places you can safely drop off your unused medication to get rid of it. To find a site near you, visit the website [bit.ly/POSSEdisposal](http://bit.ly/POSSEdisposal)

 Write your closest take-back site below:  
\_\_\_\_\_

To watch a video about managing your pain after surgery, go to:  
**Link**

  
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 **Questions to Ask Before My Surgery**


How much pain should I expect after my surgery?  
\_\_\_\_\_  
\_\_\_\_\_

What type of pain will I have, when will it be worst, and how long will it last?  
\_\_\_\_\_  
\_\_\_\_\_

What medications will I be taking? How will they interact with my other medications?  
\_\_\_\_\_  
\_\_\_\_\_

What else can I do to decrease my pain?  
\_\_\_\_\_  
\_\_\_\_\_

What should I do if my pain is not controlled?  
\_\_\_\_\_  
\_\_\_\_\_

 **Questions About My Medication**

What pain medication am I taking?  
\_\_\_\_\_  
\_\_\_\_\_

How often should I take it?  
\_\_\_\_\_  
\_\_\_\_\_

When should I stop taking it?  
\_\_\_\_\_  
\_\_\_\_\_

What are the side effects I should look out for?  
\_\_\_\_\_  
\_\_\_\_\_

What else should I know to take my medication safely?  
\_\_\_\_\_  
\_\_\_\_\_



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## IDEAS FOR IMPLEMENTATION

- Share materials with your hospital's Patient Education Committee/Department, Marketing & Communications Department, Quality Department, and other appropriate departments for review and dissemination.
- Introduce materials during pre-surgical consultations and consider adding a box to the pre-surgical checklist to document the conversation about post-operative pain management and opioid use.



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## IDEAS FOR IMPLEMENTATION

- Reinforce key messages by reviewing materials again after surgery and reminding patients of the resources available to them.
- Add video and printed material files to websites where your hospital hosts surgery-related downloadable forms.





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## IDEAS FOR IMPLEMENTATION - VIDEO

- Consider how your hospital already incorporates video content into patient education, and use those channels. Embed video into existing digital media platforms (e.g., patient portal, bedside tablets, closed circuit television, hospital website/intranet site).
- Direct patients to the video link on POSSE patient education materials.
- Share link to YouTube video (publicly available) with patients when they schedule their surgery via email, text, and any other means of electronic communication used by your hospital. Ask them to watch the video before their pre-operative appointment.
- Encourage patients to share the video with friends and family members.



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## IDEAS FOR IMPLEMENTATION – WRITTEN MATERIALS

- Use as part of a conversation about pain expectations and management.
- Have a pen available so patients can complete the interactive portions of the documents and take notes on the back page. Print on non-glossy paper so ink does not smear.
- Reinforce key messages by circling sections or writing on the brochure yourself. Patient advisors shared that the value of an educational document increases when it is personalized for them.
- Highlight the link to the patient education video featured on all materials.
- Confirm understanding using teach back, and ask open-ended questions.



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## IDEAS FOR IMPLEMENTATION

- Additional ideas for implementation, tips, and scripts in dissemination plan

What additional support do you need to implement these materials?



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## NEXT STEPS

- Incorporate feedback and finalize materials and populate shared library of resources
- Provide individual guidance on implementation as requested

# PROVIDER-CENTERED DOMAIN

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# PROVIDER-CENTERED DOMAIN

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## PROGRAM GOALS

- Decrease providers' post-operative opioid prescribing
- Increase pre-operative screening, appropriate referral, and appropriate clinical decision-making for pain management
- Reduce chronic opioid use and promote appropriate use among surgical patients



# PROVIDER-CENTERED DOMAIN

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## CURRENT ACTIVITIES: PROVIDER EDUCATION

- **June webinar: Advancing Integrative Therapies at the Bedside**
  - Featuring Ann Blaney, BSN, RN- BC | Clinical Coordinator of Integrative Therapies at Main Line Health
  - Access the webinar recording from the PANC POSSE website
- **Site-specific program presentations**
  - Penn ERAS collaborative



# PROVIDER-CENTERED DOMAIN

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## PROPOSED PROGRAM CONTINUATION

- Proposal submitted to the AmerisourceBergen Foundation for continued POSSE program funding
  - 2 or 3-year continued partnership with PANC
  - Decision expected in late July or early August



# QUESTIONS?

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# CONTACT INFORMATION

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